



SUPPORTIVE ACCOUNTABILITY

S U P P O R T I V E ACCOUNTABILITY

As a mentor, it's your responsibility to help mentees in setting and attaining their goals. While providing encouragement, guidance, resources, and assistance is crucial, *holding your Mentees accountable in following through with using the tools you provide is equally important.*

Supportive Accountability involves holding Mentees accountable for their actions, commitments, and progress towards their goals. It includes setting clear expectations, establishing deadlines, monitoring progress, and offering feedback.

To aid you in better supporting your mentees, MentorPRO also provides a free course: "Supportive Accountability: Helping Your Mentee Reach Their Goals."

HOW TO PROVIDE SUPPORTIVE ACCOUNTABILITY

STEP 1

- Before connecting with your Mentee, review their profile, bio, and goals if available.
- Reach out to your Mentee and introduce yourself.
- Schedule a meeting to discuss SMART goals.

STEP 2

- During the meeting:
 - Help your Mentee make sure the goal hits all of the SMART marks.
 - Talk to your Mentee about creating tasks and subtasks.
 - Talk about reasonable deadlines.
 - Discuss how frequently you'll check in on their progress and how you can support them.
- Add the tasks and subtasks to MentorPRO to send reminders and track progress.

STEP 3

- Follow your supportive accountability plan! Check in with your Mentee when you said you would.
- When talking to your Mentee in a meeting or over chat, discuss any barriers to success and help with troubleshooting.
- If they're reaching their goals, cheer them on and discuss how they can continue their success!

